

P.O. Box 857
Waitsfield, Vermont 05673



OFFICE (802) 583-1144
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Clinical Team: At a Glance

ADOLESCENT & YOUNG ADULT COURSE LEADERS



TY MAVES, LCSW (he/him/his)
Co-Executive Director
(802) 498-3212
ty@truenorthwilderness.com

With 20+ years of counseling experience, Ty draws on a relational approach, and works with students struggling with anxiety, depression, trauma, adoption/attachment issues, learning differences, ASD, substance use, social and relational struggles.



MATEO GAVIRIA, MS (he/him/his)
Course Leader
(802) 279-7510
mateo@truenorthwilderness.com

Mateo's therapeutic approach is rooted in a strengths-based and relational perspective, with years of experience supporting students in their treatment process. His students may be struggling with depression, anxiety, trauma, ADHD, ODD, and developing executive functioning and social skills.



MOD BAREFOOT, LCSW (she/her/hers)
Course Leader
(802) 498-3211
mod@truenorthwilderness.com

Meeting students where they are while inviting introspection and change, Mod draws on 20 years of experience to work with students who are struggling with identity, trauma, self-harm, mood and anxiety disorders as well as emerging personality disorders.



EVAN OPPENHEIMER, LMHC (he/him/his)
Course Leader
(516) 359-0292
evan@truenorthwilderness.com

Evan is a Certified Clinical Trauma Professional, and has significant experience working with adolescents and young adults with LD and ASD.



MICHAEL DOMEY, MS, CATP (he/him/his)
Course Leader
(802) 279-9499
michael@truenorthwilderness.com

Michael is certified as a Child and Adolescent Trauma Professional (CATP) and specializes in working with students struggling with anxiety, depression, trauma, ASD, and attachment.

PARENT PROGRAM FACILITATORS



WILL TWOMBLY, LMFT (he/him/his)
Parent Program Facilitator
(603) 283-8942
willt@truenorthwilderness.com

Will has worked in wilderness therapy for over 25 years and specializes in addressing family systems, with emphasis on supporting parents in their process.



BILL COX, LMFT (he/him/his)
Parent Program Facilitator
(860) 227-3485
billc@truenorthwilderness.com

Bill has extensive experience with family conflict and parenting concerns, and draws on a systemic orientation that explores how family members interact with each other and affect the whole.

ADMISSIONS & OUTREACH

KELLY WEBSTER, BA (she/her/hers)
Director of Admissions
(203) 435-2253
kelly@truenorthwilderness.com

